October 2005

# Genital Warts

Dr. Sahni's Homoeopathy Clinic & Research Center Pvt. Ltd

# Dr. BS Sahni

# Introduction

Genital warts, also known as Condylomata Acuminata or venereal warts, are one of the most common types of sexually transmitted diseases.

As the name suggests, genital warts affect the moist tissues of the genital area. They may look like small, flesh-colored bumps or have a cauliflower-like appearance. Genital warts may be as small as 1 to 2 millimeters in diameter — smaller than the width of a ballpoint pen refill — or may multiply into large clusters.

In women, genital warts can grow on the vulva, the walls of the vagina, the area between the external genitals and the anus, and the neck of the uterus. In men, they may be found on the tip or shaft of the penis, the scrotum or the anus. They can also develop in the mouth or throat of a person who has had oral sexual contact with an infected person.

The virus that causes them — the human papillomavirus (HPV) — is one of the most common causes of sexually transmitted infection (STI) in the world. More than 100 different types of HPV exist, most of which are harmless. About 30 types are spread through sexual contact. These strains of the virus are highly contagious and spread through sexual contact with an infected person. Many people infected with HPV have no symptoms.

There are high-risk and low-risk types of HPV. High-risk HPV may cause abnormal Pap smear results, and could lead to

# **Signs and Symptoms**

The signs and symptoms of genital warts include:

- Tiny, gray, pink or red swellings in your genital area that grow quickly
- Several warts close together that take on a cauliflower shape
- Itching or burning in your genital area
- Discomfort, pain or bleeding with intercourse

Often, however, genital warts cause no symptoms. Or, they may be so small and flat that they can't be seen with the naked eye. In order to detect these warts, your doctor may apply an acetic acid solution to your genitals to whiten any warts that are present. Then, he or she may view them through a special microscope called a colposcope.





Figure 1

## Diagnosis

Genital Warts are usually diagnosed by seeing. If you are a woman with genital warts, you also should be examined for possible HPV infection of the cervix. It is also possible to identify some otherwise invisible warts in your genital tissue by applying vinegar (acetic acid) to areas of your body that might be infected. This solution causes infected areas to whiten, which makes them more visible.

For women, it's important to have a regular pelvic exam and Pap test, which can help detect vaginal and cervical changes caused by genital warts or the early signs of cervical cancer, a possible complication of HPV infection.

Start having Pap tests within three years of your first sexual encounter or by age 21, whichever comes first. Talk with your doctor about the right screening schedule for you going forward.

If you've had genital warts, you may need to have a Pap test every three to six months, depending on the severity of your condition. You may be able to reduce the frequency of your Pap tests after having three normal test results in a row.

# **Case Report**

A male patient with complaints of irritations & eruption on penis consulted Dr. Anjan, who advised him for Blood Tests for CBC, & Blood Sugar and VDRL and accordingly prescribed conservative medicines. However, without getting any relief the patient consulted a dermatologist on 21.08.2004 and diagnosed it as a case of Herpes Simplex and put him on anti Herpes treatment.

The patient again consulted Dr. Anjan on 6.9.04, as he was not getting any relief from the dermatologist's treatment. The patient was advised to go for IgG for Herpes Simplex 1 & 2, VDRL & Blood Sugar and advised to continue the ongoing treatment. Dr. Anjan referred the patient on 8.9.04 to Professor Dr. Rattan Singh for expert opinion and treatment. Dr. Rattan Singh prescribed the patient some additional medicines along with the ongoing dermatologist's treatment.

With no relief in the condition the patient discontinued the treatment. In the month of December 2004 the patient noticed cauliflower like growth on the penis (See *figure 1 & 2*). The patient consulted some local physician who advised the patient to apply podophyllin solution locally which resulted in burn like symptoms.

Fearing the worst the patient again rushed back to the consulting dermatologist on 31.12.04, who

in turned diagnosed it as a case of genital wart. The dermatologist advised the patient to apply Fudic-B cream locally. Follow up on 11.2.05 with the dermatologist, patient was advised to apply Podophyllin lotion locally. The patient again consulted Dr. Rattan Singh on 19.3.05 for further treatment. On 24.3.05 Dr. Rattan Singh advised the patient to continue the treatment of the dermatologist at Bombay.

On the next follow up dated 1.03.05 the dermatologist finally recorded that the patient is resistant to Podophyllin and advised the patient to apply Imoquad cream. The treatment was continued up to 17.3.05 where in the dermatologist finally advised the patient to go for Laser surgery to get rid of the Genital Warts as the growth was enormous.

Fearing the surgery the patient consulted Homoeopathy Clinic on 30.3.05. Seeing the uniqueness of growth of the warts on the penis, photographs were taken for reference. The patient was initially prescribed Acid Nitric 1M, one dose daily empty stomach for 5 days and was kept on placebo for one week. After two weeks of initial treatment, the patient was prescribed Cinnabaris 30 and was asked to continue the medicine for six weeks. However, there was no remarkable change in the condition of the patient. On 1.6.05 the patient was prescribed Thuja 10M, five doses with the instructions to take one dose daily empty stomach and report back after two weeks duration. There was again no change in the condition and it was decided to repeat Acid Nitric 50M, 5 dose with the instructions to take one dose daily empty stomach. The patient reported back on 13.7.05 with a no visible changes in the conditions of the genital warts.





# **Case Report**

Based on the failures of above prescribed medicines it was again decided to examine the case as fresh. It was subsequently found that Sabina has the same symptoms in lowest grade but not as remarkably indicated in Thuja & Acid Nitric.

On consulting the Materia Medica, was found that Sabina will act on "Sycotic excrescences with burning soreness, Fig Warts with intolerable itching and burning; exuberant granulations". In view of Figure 3

these symptoms the patients was again examined and it was observer that the warts has very close resemblance of granulation as mentioned in Sabina. Though Sabina primarily is a women's remedy and most commonly used for uterine hemorrhages/ metrorrhagia and the patient, a male, it was decided to prescribe Sabina 1M, five doses, once daily empty stomach followed by placebo for 3 weeks.

The follow up after the completion of the Sabina prescription reported positive results with the clearing of all the genital warts except slight ulcers (See figure 3 & 4). The application of Calendula Ointment for one week cleared the post warts ulcers also.

# Conclusion

The most indicated homoeopathic remedy for warts: Thuja, Acid Nitric and Cinnabaris failed to remove the presence of warts on the penis in the said case. Sabina, however, being a women's remedy and less indicated & rarely used in the treatment of genital warts acted promptly in the said case.

# **Acknowledgement**

Special thanks to the patient who kindly supplied us with all the case documents and allowed us to take photographs of Genital Warts for publishing this case to Homoeopathic Community.







Phone : (009 i) - 11-22753296 SUNDAY OFF E-mail : anjande@vsnl.com CONSULTANT PHYSICIAN, JOINT DISEASE & FERTILITY EXPERT CILINIC: MONDAY TO SATURDAY M.B.B.S (ALLM.S.) M.R.C.P. (LONDON) 197-B. Pocket -I, Mayur Vihar Regd. No. MCI/3826 Phase - I, Delhi - 110091 FORMERLY: Phone : 22753296 Sonior House Surgeon : Timings : 9.00 AM - 12 Noon 6 PM - 8.30 PM Barnsley District General Hospital (UK) 2 AFTERRNOON CLINIC Mount Vernon Hospital (UK) Medicine, Skin and V.D., Accident and BANGLADESH HIGH COMMISSION Emergency, I.C.U. : A.I.I.M.S. 39, Dr. Radhakrishnan Marg Ex-Research Officer, ICMR -W.H.O. (Opposite Sanskriti School) Fertility Project Chanakya Puri Member: Tuesday . Friday - 3 P.M. - 5 P.M. Royal Society of health (LONDON) Tel: 24121389 - 94 Indian Medical Association Dated a/S/U **Delhi Medical Association** KV Mathen SBM **Brief Clinical Notes** Investigation 5 Syster 150 150 A I tap Willy X 3 MB ECZOWOKEDin a Symwich 3 PLEASE BRING PRESCRIPTION IN YOUR NEXT VISI Blood Sugar (Gluco Meter), Vaccination, E. C. G., Dressing Laboratory Test Available D.P.T., Polio, Measies, M.M.R. Meningitis, Typhold, Hegatitis Vaccination Available PANEL DOCTOR @British High Commissioon & British Council Library @Bangaladesh High Commission

<sup>@</sup> C.W.C. @ S.T.C.

		Lab. No	
		Result	Normal Range
Haemoglobin 9. Total Leucocyte Count		14.6 7000	11.5 - 17.5 4000-9000
<ol> <li>Differential Count Polymorphs Lymphocytes Monocytes Eosinophils</li> <li>Erythocyte Sedimentati (Wintrobe/Westergrens)</li> <li>Peripheral Smear for Ha</li> <li>Red Cell Counts</li> <li>Clotting Time</li> <li>Bleeding Time</li> <li>Platelet Count</li> <li>Prothombin Time</li> </ol>		68 30 01 01 08	40-75 20-45 02-10 01-06 Upto 20
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5. Hormone Assays	LH.	Carlot Ca	

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BLOOD CHEMISTRY		
Blood Sugar (Fasting) Mg/dl /Gud	MARK) '	60 - 11
2. Postprandial P.P.2 hours sugar-mg/dl	A TO	Upto 14
3 Random Sugar mg/dl	= (142)	Upto 17
4. Blood Urea mg/dl	· ·	15 - 43
5. Serum Creatinine mg/dl	15	0.5 - 1.3
6. Bilirubin (Total) mg/dl	E There	0.2 - 1.0
7. Bilirubin (Conjugate) mg/dl		Upto 0.4
8. Total Protein G/dl	And the state	6.2 - 8.3
9. Albumin G/dl		3.6 - 5.1
10. Globulin G/dl	200 - 100	2.4 - 3.1
11. Alkaline Phosphatase KA Units	Charles and	3 - 1:
12.5.G.O.T. 1U/L		5 - 3
13.5.G.P.T. IU/L	A COLORADOR	5 - 40
14. Cholesterol mg/di		150 - 250
15. Triglycerides mg/dl		40 - 170
16. Total Lipida mg/dl		400 - 700
17.H.D.L. mg%		35 - 65
18.L.D.L. mg%	-	70 - 90
19. Acid Phosphatase U/dl		1 - 3.5
20. Serum Uric acid mg/dl		2.5 - 6.5
21. Serum Amylase S.U.		50 - 150
22.C.P.K. IU/K		10 - 50
23.L.D.H. IU/L		100 - 300
24. Calcium mg/dl		8.5 - 10.5
25. Sodium m Eq/L		132 - 144
26. Potassium m Eg/L	The second second	35 - 5.0
27. Chloride m Eq/L		98 - 108
	Pathologist	1

NEW DELHI-IA

### ALOK CLINIC : CENTRE FOR SKIN CARE



**Consulting Dermatologists :** 

Dr. Dipak S. Kulkarni, M.D. (Skin & V.D.) Dr. Mrs. Supriya Bhat, M.B.B.S., D.V.D. Cosmetic Treatments : Mrs. Geeta Kulkarni 10.00 a.m. to 2.00 p.m. & 6.00 p.m. to 9.00 p.m. 4.30 p.m. to 8.00 p.m. (Mon to Fri.) 10.30 a.m to 2.00 p.m.

1ST CONSULTATION on 21/08/2004

Date :

K. V. MATHEW, P45 OTHIG: COLONT PANCel

Diagnosist- HERPES GENITALIS

RE ACIVIR CREAM

& APPLY 5 TIMES.ONE AFTER ANOTHER SILVEREX OINT.

TAB. ZOVIRAX 200 MB: 5 TIMES A DAY [25 TAB.]

Dr. Dipak S. Kulkarni M.D. (Skin & V.D.) Reg. No. 55300/31/12/89 Tab flexon 25/8/04 Tab Maclar 250mp 10+10 Tab flexon -> 2012 Konnova - your - 2 Par Acivir cheam ] - 2107 Nadoxin crean monil plus Altra thop Alu acetati 🗱 1st Floor, Behind Adarsh Lodge, Gadkari Fload, PANVEL-410206, Dist. Raigad 🖀 (022) 2745 1143, 2746 2620 Shah Pl शहा प्लाझा, जादश्री लॉजच्या माने, गढकरी माने, यनवेल—४१०२०६, जि. रायगढ. फोन (०२२) २०४२, ११४३/२०४६, २६२० E-mail address : drdsk@vsnl.com • Web page : http://personal.vsnl.com/alok\_clinic ♦ रविवार यद ♦ SUNDAY CLOSED ♦

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PLEASE BRING PRESCRIPTION IN YOUR NEXT VISIT

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# DR. SUBODH K. GUPTA MBBS, MD (Path) ISO 9001 : 2000 Certified Laboratory Reference Laboratory : IAPM-NEQAP

### Date 05/09/2004 Srl.No. 9 Name MR.K.N.MATHEW Age 55 Ym Sex M Refd.By. Dr. DE ANJAN MBBS MRCP

### INVESTIGATION

PATIENT'S VALUE UNITS

### REFERENCE RANGE

### IMMUNOLOGY & SEROLOGY

VDRL Tech:RPR Non Reactive

ANTIBODIES against HIV 1 & 2 Tech Elisa

Non Reactive

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Please constate results clinically, if the results) of the test(s) is alarming or unexpected, the patient/treating doctor is advised to contact the laboratory inmediately. Results certain to the specimen submitted.

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### PROFESSOR (Dr.) RATAN SINGH

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SANJIVAN HOSPITAL : 11 a.m. to 1 p.m. (Daily) RES-CUM-CLINIC : 6 p.m. to 8 p.m. (Dally)

Tel.: 23257143-44, 23263319

### Dr. KAMLENDER SINGH

### MBBS, MD, FIMSA

SENIOR CONSULTANT DERMATOLOGIST & VENEREOLOGIST SIR GANGA RAM HOSPITAL, NEW DELHS EX. FACULTY MEMBER, DEPTT. OF SEIN & V.D. All India Institute of Medical Sciences, New Delhi

#### On Panel ; BEL, CCICI

RES-CUM CLINIC | 9 a.m. to 11 a.m. (Mon., Wed., Thur., Sat.) SIR GANGA RAM HOSPITAL : 12 Noon to 2 p.m. (Daily) SAMA NURSING HOME : 4 to 5-38 p.m. (Men., Wed., Fri.) SANJIVAN HOSPITAL : 6 p.m. to 8 p.m. (Mon., Wed., Fri.)

1. 9.04 Date :

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19. 3.05 Revenue and Wastin Beroy Revenue and Wastin Beroy OFISSOR (Dr.) RATAN SINGH SNALSSING, N.D. D.C. N.C. N.C. M.S.M. SC. A Polanon, Somiguer 20300 200-10 1 Tah' Hen BRX Sdp - RI - X - 1. - Muran -Co Paler: 221, 2282 Low your wash (Pahi Barnayford) the ball and share that may Law and harder LINE AND ALL MARKING AND AND AND Natorm- Cont 1.9.04 to contre? Tali Sump - 4Tch Allapment angulie to present ton f had tongod i with and the tone f to the weather of the stand to tone f to the weather of the stand to tone f to the weather of the stand of the stand the stand of the stand of 1 toh. ses Du. ~ To came no. 2 2 3 april 19305 70 Contain his triamp Doctor at Bomt READEN K WILL H THE LOOP Make Aller SUNDAW CLOSED SATANADH MAGADARAD HIS ALLAGON MAVIENTS LNON QUINNUM ANALY CHART 141 (11 HOLD) stad well hear its DENTE LAN them Delti-1700 molt The even Clark State Manual Visit Visit School School State South Anna State

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10.00 a.m. to 2.00 p.m. & 6.00 p.m. to 9.00 p.m. 4.30 p.m. to 8.00 p.m. ( Mon. to Fri. ) 9.30 a.m. to 2.00 p.m. ( Mon. to Sat. ) 10.30 a.m. to 2.00 p.m.

FOLLOW UP on 01/03/2005

Date :

11 appl

K. V. MATHEW. M55 P A N V E L

Diagnosis:- GEN.WARTS

RESISTANT TO PODO

RX IMIQUAD CREAM : THRICE WEEKLY

FUDIC-B CREAM : TWICE DAILY

Dr. Dipak S. Kulkarni M.D. (Skin & V.D.) Reg.No.55300(31/12/85

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