

## Rare Remedies

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Dr. Sahni BS  
DHMS Hons, PGRT (BOM), FF Hom  
Deputy Chief Medical Officer (H),  
ONGC Hospital Panvel-410221,  
Navi Mumbai, INDIA

Website: <http://www.homoeopathyclinic.com>  
Email: [drsahnibs@vsnl.com](mailto:drsahnibs@vsnl.com)

### Why Rare Remedies are required?

There are many uncommon and rare medicines for which no detailed information is easily available in books. However, when prescribed give excellent results. Rare remedies are very specific in their actions and are meant for a particular disease only. These remedies do not hamper with other selected remedies for the individual ailments. Applying these remedies along with other selected symptomatic remedies for an individual ailment provides fastest possible recovery. These medicines generally used in mother tincture form.

For the benefit of students and practicing Homoeopaths out of many few are being provided here.

### GINKGO BILOBA

Ginkgo contains the active integrants, the ginkgolids. The drug has circulatory stimulant, anti-asthmatic, anti-spasmodic, anti-allergic and anti-inflammatory properties.

It is indicated for improving poor cerebral circulation, improving the memory and concentration, improving the capacity to overcome the symptoms of autoimmune diseases. It is also indicated for multiple sclerosis, dementia, and to reduce platelet activating factors (PAF): a substance found in the blood which cause the blood to become thicker and to produce blood clots resulting in partial paralysis and loss of memory. It has been also indicated in high blood pressure and arteriosclerosis. It is mostly used in mother tincture form.

### OKOUBAKA

Okoubaka is indicated in unstable glycemia, allergic syndrome especially due to insecticides and their intoxication or side effects. It is also used in hydrocele. Clinical studies confirm its action on pancreas, liver and gall bladder.

### MUIRA PUAMA

It is said to be act like VIAGRA. It is used as an aphrodisiac. It is considered to be curative remedy for impotence due to physical weakness.

### MELISSA OFF

This medicine is specific for MIGRAINE.

### **ONOSIS SPINOSA**

It has lithotriptic action. It is indicated in kidney and urinary bladder stones. Clinical studies have shown that it lowers the serum uric acid level in blood improving the gouty conditions.

### **PICHI PICHI**

It is specific for GOUT.

### **SPILANTHES OLERACEA**

This is considered as a good remedy for children who stammer. Some researches say that it is very effective in fungal infections of the nails.

### **URTICA DIOICA**

This is also specific for GOUT.

### **CUPRESSUS LAWSOMIANA**

This is mainly used externally for keloids, warts and tumors. Internally, can be used for cocks-comb growth in the mouth, lipomas and cases of keloids.

### **GALEOPSIS SEGETUM**

This is specific for asthma.

### **ROSA CANINA**

In homoeopathy it has been used for vitamin deficiency as this medicine contains vitamin C, A, B1, B2, K, Flavonoids, Tannins and Volatile Ions.

### **ALLIUM URS**

Specific for high serum cholesterol.

### **Conclusion**

In my 30 yrs of practice I have been using theses medicines had proven to be useful on the specific indications given against each.

### **Warning**

The above given information of the medicines is for the general awareness for the commoners and these should be taken under the proper guidance of qualified and registered Homoeopathic physician.